


Instructions: The Circle of Impact Challenge

1. Identify 3 people who deserve expressions of gratitude.
2. Select 3 character strength words for each person. If you have troubles with this you can access our a downloadable list (link below).
3. Send each person a word of the day for the next 3 days.
4. Tell the story of how each word reminds you of them (take them back to a moment when you experienced their impact).
5. Be as creative as you'd like (text message, handwritten letter, video, call, etc.).
6. On the 3rd day, ask them to pay it forward! Keep the circle of impact challenge going!
7. To spread the positivity, please take the time to share your experiences on our Facebook page.
www.facebook.com/pg/marcguevremontinc

3 people → 3 days → 1 word/day →



Thank you for all that you have done so far but more importantly, thank you for what are about to do.

Sample: Introduction letter

“Dear,

Today I received a challenge. The challenge is for me to share the 3 character strengths that describe a person who has been a major positive influence in my life. I selected you.

You may not know the full extent of your impact on me (yet), but I intend to clarify my appreciation for you over the next 3 days. I hope to close the circle of impact.

Thank you for impacting my life in positive ways!